

Upstream Psychiatric Consultation Clinic Checklist

This program will accept referrals from primary care providers that support the clients of Mental Health Community Support Services, Ottawa Youth Justice Service Network and Ottawa Black Mental Health Coalition partner organizations. CHC's and School Board referrals may also be accepted. Patients must be 16 years of age and older, with a suspected mental health conditional for a consultation with a psychiatrist from The Royal. This program is not intended for urgent mental health needs, on-going treatment or follow-up, nor practitioners not affiliated with the aforementioned groups. All agency referrals must have a primary care provider to ensure on-going support and have a valid OHIP number. All psychiatric consultations are held virtually via the Ontario Telemedicine Network (OTN) in partnership.

Please ensure the referral form is completed.

Why are you referring the patient for a consultation?

- ✓ Are you looking for treatment recommendations?
- ✓ Are you looking for diagnostic clarification?
- ✓ Is your patient "treatment resistant"?
- ✓ How can the consulting psychiatrist assist you in managing your patient's care?
- ✓ The more specific your question, the more detailed the consulting psychiatrist can be in their consultation

What is helpful to a Consulting Psychiatrist?

- ✓ Clear referral form – please ensure the form is legible
- ✓ Supporting letter from primary care provider – clearly stating why you are referring the patient for consultation
- ✓ History of medications
- ✓ Mental Health history – has your patient seen a psychiatrist before?
- ✓ If so any clinical notes are appreciated

What this program does NOT support

- ✓ WSIB Evaluations
- ✓ Individuals who have seen a psychiatrist in the last 12 months
- ✓ ODSP Evaluations
- ✓ CAS Evaluations
- ✓ **Urgent** Mental Health needs

The Process

- ✓ Please fax the completed referral and supporting documents to **613-248-1117**
- ✓ The referral is reviewed and the referring agency is contacted to confirm info/add'l info
- ✓ The patient is contacted, info confirmed &, if appropriate, an Ax date is scheduled
- ✓ Upstream will send Ax outcome details to the referring agency only
- ✓ A no show fee of \$50.00 may be charged & the referral will be returned to the referring agency
- ✓ Consultations will be completed within 2 – 3 months

If you have any questions about this program please contact:

613-248-3330 ext. #401 or info@upstreamottawa.ca

Please fax completed referrals & supporting documentation: 613-248-1117 or mail to Upstream 204-100 Craig Henry Dr., Ottawa ON K2M5W3